2018-19 NFHS VOLLEYBALL RULES POWERPOINT

Rules Changes
Major Editorial Changes
Points of Emphasis
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MISSION

- The National Federation of State High School Associations (NFHS) serves its members by providing leadership for the administration of education-based high school athletics and activities through the writing of playing rules that emphasize health and safety, educational programs that develop leaders, and administrative support to increase participation opportunities and promote sportsmanship.
NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

- NFHS (located in Indianapolis, IN – Est. 1920):
  - National leadership organization for high school sports and fine arts activities;
  - National authority on interscholastic activity programs;
  - Conducts national meetings;
  - Sanctions interstate events;
  - Produces national publication for high school administrators;
  - National source for interscholastic coach training and national information center.

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NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

- Membership = 50 member state associations and D.C.
- NFHS reaches more than 19,000 high schools and 12 million participants in high school activity programs, including more than 7.8 million in high school sports.

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The NFHS Rules Review Committee is chaired by the chief operating officer and composed of all rules editors. After each committee concludes its deliberations and has adopted its recommended changes for the subsequent year, such revisions will be evaluated by the Rules Review Committee.
The NFHS writes playing rules for 17 sports for boys and girls at the high school level.
- Publishes 4 million pieces of materials annually.
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GUIDELINES FOR SCHOOLS AND STATE ASSOCIATIONS FOR CONSIDERATION OF ACCOMMODATIONS

1. Request from Student to School for Accommodation(s)
2. School Conducts Individual Student Assessment
3. Request from School for Accommodation(s) to State Association
4. Notice and Opportunity to be Heard
5. State Association Review of Request
6. State Association Provides Written Determination for Accommodation(s) to School
7. If appropriate, School Provides Letter of Authorization to Head Official for Local Contest Allowing Competition with Accommodation(s)
Rules Changes

2018-19 NFHS VOLLEYBALL
THE COURT: RESTRICTED PLAY
RULE 2-4-1b

- A player cannot gain an advantage by playing the ball while contacting floor obstacle, wall or team members.
- Team members are defined in rule 6-1 as coaches, teammates, managers, certified athletic trainers and players.
- The "illegal hit" signal (No. 3) is used to indicate this fault.
SECOND REFEREE RESPONSIBILITIES
RULE 5-5-3b(10) (NEW)

- Coaches are required to stay in the libero replacement zone, no closer than 6 feet to the sideline, when standing during play.
- The second referee’s responsibilities have been expanded to include ensuring the coach remains in the designated zone during play.
When multiple courts are in use, the use of horns may cause confusion for players, coaches, officials and spectators.

In that situation, the second referee may end a timeout or interval between sets with a long whistle instead of the timer’s horn.
When a play results in a replay, no requests for libero replacements, substitutions or time-outs are allowed.

An exception is made in the case of a replay for an injured/ill player.
Rule Change

REPLAY/INJURY

RULES 9-8-2 EXCEPTION (NEW) & 11-4-1b (NEW)

- The injured/ill player’s team may:
  - Substitute for the injured/ill player;
  - Replace the injured/ill player with a legal libero replacement, or;
  - Take any allotted timeouts remaining.
Rule Change

SUBSTITUTION AND LIBERO REPLACEMENT

RULE 10-2 PENALTY 2

- When a team is charged with unnecessary delay for a substitution issue, no further substitution request is allowed until after the next completed rally.
Rule Change

INTERVAL BETWEEN SETS
RULE 11-5-3 (NEW)

- Between sets, teams are allowed to warm up in their own playing area.
- For safety, volleyballs may not be hit over the net.
UNNECESSARY DELAY
OFFICIALS SIGNAL NO. 21

- To signal an unnecessary delay, raise the hand on the side of the offending team beside the head, with the palm facing in.
- Hold the appropriate card on the wrist of the raised hand.
Major Editorial Changes

2018-19 NFHS VOLLEYBALL
FORFEITS
RULES 1-5-2c (NEW), 1-7

- The third reason for declaring a forfeit has been added to this section for consistency and clarification:
  “A disqualified individual violates conduct rules following disqualification.”

- All articles addressing a forfeit have been reorganized under SECTION 5: TERMINATION OF SET/MATCH as Rules 1-5-2 through 4.
FIRST REFEREE RESPONSIBILITIES
RULE 5-4-1c

- The first referee’s responsibilities have been expanded to include the inspection of the net antennas.
TIME-OUT RESPONSIBILITIES
RULES 5-5-3b (13) & (20)

- The word “double” was added to clarify that the second referee shall use a double whistle to indicate the warning during a time-out and when an intermission is used.
After the match begins, a team can continue play with fewer than six players.

A point is awarded when the vacant position rotates to the service position (Rule 1-3-3).

A NOTE has been added to clarify that the vacant position remains open through all rotations.
OTHER EDITORIAL CHANGES

- **2-1-4** A continuous center line…

- **5-2-1b** If a fault is whistled by the second referee, he or she will indicate the nature of the fault and the player committing the net fault, if necessary…

- **5-4-4d(1)** d. Prior to the deciding set, the first referee:
  1. The first referee whistles,…
Other Editorial Changes

- 5-4-4d(4)  The timer will begin the three-minute clock after this final signal.

- 10-4-3c c. Disqualification substitution – The libero may shall not be used…

- 12-2 Procedures for Unsporting Conduct Violations 4 and 5 …; loss of rally/point awarded to opponent.

- How to Use the Signals #20 Double-whistle, place the palm…
Officials Manual Changes

2018-19 NFHS VOLLEYBALL
On calls initiated by the first referee, the **recommended** mechanics for the second referee are:

- Step laterally away from the net standard toward the offending team.
- Repeat the first referee’s signals.

There may be situations when moving to the side at fault is not the most efficient mechanic in order to maintain the tempo of play.
The signal for a ball that passes completely under the net (other than a served ball) has moved from signal #13 to #2.

In this situation, the referee will signal line violation.
Points of Emphasis

2018-19 NFHS VOLLEYBALL
It is a shared responsibility to ensure the safety of our officials.

- Safe and stable platforms (Rule 3-2-6) begin with careful assembly and attention to manufacturer guidelines by school athletic departments or event host management.
- It continues with proper inspection by the first referee prior to each match.
WARM-UP SAFETY

The growing number of concussions reported to have occurred during warm-ups has increased awareness regarding warm-up procedures.

Each coach and state association should examine their pre-game warm-up protocols.

Some things to consider when establishing best practices are:
• Facility space;
• Shared court time;
• Placement of athletes and those assisting with warm-ups, and;
• Familiarity of all team members with the warm-up procedures for the match.
WARM-UP SAFETY
TREATMENT OF LINE JUDGES

- The line judges are critical members of the officiating crew.
- No team members or spectators shall act in an unsporting manner toward line judges.
- For unsporting conduct, the referees should administer the appropriate card (warning or penalty).
- For unsporting behavior by spectators, event management should be instructed to resolve the situation.
NET FAULT SIGNAL MECHANICS

To indicate the player committing a net fault:
- For numbers less than 6, use the hand on the side at fault.
- For numbers 6-9, the right hand is the base hand, and is filled first.
For double digit numbers, the first digit is shown with the right or both hands, and the second digit with the left or both hands.
Introduction to mechanics and techniques used in each sport
Ideal for new officials or those in first few years of officiating
30-45 minutes to complete
Topics vary based on the needs of the officials in the sport
NFHS Officials Association members cost is $10
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  - Officiating Volleyball – Ball Handling

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  - Softball – Mechanics
  - Communication Among Officials and Coaches
  - Soccer - Offside
Course Objectives

- Understand the basic rules of contact and the skills performed in a volleyball match.
- Identify and explain examples of illegal and legal contact.
- Practice making ball handling calls on actual player contacts.
- Create consistency in ball handling calls.

Units

- Introduction to Ball Handling
- Rules Governing Ball Handling
- Techniques to Train the Eye
- Variables and External Stimuli
- Overview of Each Skill

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• Introduction to skills and concepts used as an official
• Ideal for new officials or those in first few years of officiating
• 30-45 minutes to complete
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• Course is **FREE** to any NFHS Officials Association member
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The following presentation was shot and produced by the NFHS in cooperation with Ben Davis High School (Ind.) and Brebeuf Jesuit Preparatory School (Ind.) in 2014. We thank them for their participation and support.
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- Sportsmanship
- Coaching Unified Sports
- Positive Sport Parenting
- NCAA Eligibility
Coaching Volleyball

Course Objectives
- Drill and practice design – including specific, measurable goals and how to replicate game situations
- Teaching fundamental serving and passing skills – verbal cues, standing float serve, forearm pass and overhead pass
- Teaching fundamental defensive skills – attacking, blocking and digging
- Learn offensive and defensive rotational systems
- How to evaluate and select players
- Match protocols and rules of the court – player positioning, service order, substitutions, libero player, time outs and lineups

Units
- Serving and Passing Skills
- Attacking, Blocking and Digging Skills
- Team Systems: Offense
- Team Systems: Defense
- Team Selections & Rules and Match Management

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National Federation of State High School Associations
PO Box 690 | Indianapolis, IN 46206
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