

Uniform Rule modification 2024-25

Reference Rule 4-1 Note 2: Each state association may, in keeping with applicable laws, authorize exceptions to NFHS playing rules to provide reasonable accommodations to individual participants with disabilities and/or special needs, as well as those individuals with unique and **extenuating circumstances**. The accommodations should not fundamentally alter the sport, heighten risk to the athlete/others or place opponents at a disadvantage.

Modification 1: Visible undershirts worn under the uniform top must conform to one of three color options.

- 1.) Be one color that is similar to the dominant color of the uniform top.
- 2.) Black for dark colored uniform tops
- 3) White for light colored uniform tops

NOTE: All players with the exception of the libero that have visible undershirts must wear the same similar color. They may not have one player in a black undershirt and another player wearing a red undershirt. The team must decide on one color undershirt. The libero will match their dominate color uniform top or black for dark colored uniform top or white for a light colored uniform top.

Modification 2: Visible undershorts/tights that extend below the uniform bottom must conform to one of three color options.

- 1.) Be one color that is similar to the dominant color of the uniform bottom.
- 2.) Black for dark colored uniform tops
- 3) White for light colored uniform tops

NOTE: All players including the libero that have visible undershorts/tights must wear the same similar color. They may not have one player wearing black tights and another one wearing white tights. The team must decide on one color.

Situation 1: Player A in a red uniform top is wearing a white undershirt, and wearing black shorts with black tights extending below. **Ruling:** This is legal based on our adopted uniform modification. The undershirt's color does not need to match the undershort's color.

Situation2: Team A teammates are wearing black shorts and Team A libero is wearing red shorts. **Ruling:** The libero will **NOT** enter the game until they wear a short that is like-colored to players on the court.

Situation 3: Players are wearing black undershirts and a bench teammate is wearing a white undershirt. **Ruling:** The bench teammate and potential substitution with the white undershirt will not enter the game until they remove the white undershirt or match the players on the court with a like-color undershirt.

Situation 4: Player A is wearing a black arm sleeve and a white leg sleeve. **Ruling:** There is no current wording in the rule code to address colors for sleeves. Sleeves are not considered an undergarment and do not need to be ruled upon for color legality. **NOTE:** A single visible manufacturer's logo and/or single school name or insignia no more than 2 ¼ inches are permitted on each visible garment is the only rule that applies to sleeves.

The schools have been sent the same message.

If you have any question on this rule modification/clarification, please contact Nici Akey or myself.

Cordially,

Bruce Bird - CVOA President

Nici Akey – CVOA Rules Interpreter